

# BASC TERMLY

<https://www.pennanthillsbasc.com>

September 2022



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## ACKNOWLEDGEMENT OF COUNTRY

We would like to acknowledge and pay our respects to the Darug and Guringai people as the traditional owners and custodians of this land. BASC would also like to pay our respects to Elders past, present and emerging, for they hold the memories, the traditions, the culture and hopes of Aboriginal and Torres Strait Islander people across the state.

We have a  
**COVID-19 Safety Plan**  
and are committed to  
keeping you safe.



Physical distancing



Hygiene and cleaning



Record keeping



Wellbeing of staff and customers

# VACATION CARE HIGHLIGHTS

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## ARCHERY WITH MEGAN AND KAILEY

Today is the first day of vacation care and it was awesome to see all the kids years K-6 super excited for the holidays and to participate in archery! Archery isn't just a lot of fun, it is also active play and a learning experience that helps children grow into strong and resilient learners. It encourages movement that allows children to develop gross motor skills, balance and coordination. Furthermore, using their problem solving skills, communication and active listening as well as growing in their self-esteem and self-identities (outcome one).

The children were very respectful to the teachers and did an awesome job listening to the instructions. They took responsibility for their own and their peers safety and well-being by ensuring they followed the rules set in place (outcome three). Following this, they develop cooperation and confidence, and showed enthusiasm and persistence (outcome four).

Overall, archery was a super fun activity that majority of the children loved being apart of. It was very encouraging watching the children continue trying and improving over each session.



## JUNIOR INVENTORS (WEEK 2) WITH CHLOE

Today's activity was the Junior Inventors workshop! The challenge was to use the magnetic tiles to create three projects: a town, a city and a bridge to connect the two. The kids were split into groups and had to use their creativity as well as their science skills to complete the projects.

This activity is a really effective way to get the kids to use problem-solving skills and apply their knowledge in a way that is fun and collaborative. They were able to experiment with different combinations of tiles until they found the ways that provided the most stability. Lachlan P took charge and was collaborating with me to come up with the best way to build the bridge. We discussed our ideas and once we were happy, he shared them with the other kids in our group. He made sure to take the time to explain why it was the best way and that everyone else understood how to do it.

Occasionally there were some accidents (see above right haha) but all the kids were able to bounce back, showing resilience and using the mistakes as an opportunity to make something better.

# VACATION CARE HIGHLIGHTS

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## JOLLY BOPS SCIENCE SHOW WITH LIZZIE

Today at vacation care we had an incursion from jolly pop and rusty of a science show on natural energy and phenomenon! After morning tea all the kids walked over to the hall and participated in the show. Jolly pop and rusty ran through different natural scientific experiments playing with dry ice, methane gases and carbon dioxide. Children learnt about how the sun stays burning, how some ice creams are made and even changed the colours of different liquids! Overall was an amazing experience and a fun and fun engaging way to learn about our world!



## MOVIE MAGIC WEDNESDAY WITH MELODY

Today we had an inflatable movie screen brought in so that we could bring the Cinemas to Vacation Care. We selected 2 movies to watch and these were Encanto and Matilda. We had 40-50 children watching at one time and to make it even more magical we provided some popcorn for the children to munch on as they enjoyed their movies.

We selected Encanto as it has been very popular with children and we have heard at Our service 'that we must never talk about Bruno'. We chose Matilda so that children could experience a book being brought to life. Matilda is a movie that we don't watch very often that is not only fun but allows children to explore positive and negative behaviourS and learning how to stand up for oneself.

# AUGUST DAILY DIARY

<https://www.pennanthillsbasc.com>

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## FRIDAY AFTERNOON: FAIRY GARDENS WITH ELLA

This afternoon was full of imagination and creation as the children thought up and designed their own versions of fairy gardens! By using different tools and craft items, some very pretty and magical fairy gardens were made. This activity not only promoted creative play and fine motor skills, but also collaboration and teamwork as some children paired up to create a combined artwork, boosting both their social and emotional well-being! Overall, fairy gardens was such a fun, creative activity that all the children who participated enjoyed.

## RED EQUIPMENT WITH MELODY

This afternoon we opened the Red Equipment and lots of children excitedly approached to play. We played lots of exciting games including Zombie tip. Jono and Lewis in Kindergarten brought the Zombie Apocalypse to the Equipment as they hunted Grace and Maxwell who were very good at avoiding Zombies. They even had their own safe house.

### Among us

As we like Among us so much we brought the game to life in a game similar to tip or Mafia. Children closed their eyes and the 'ship' selected some impostors. When a child was tapped on the shoulder they proceed to die in a dramatic fashion. Children would then call an emergency meeting and Vote off who they believed to be an impostor. When we started this we only had 8 friends playing but the game quickly expanded to around 15 children. playing in the game we had Johnny, Chloe and Andy C, Andy M, Emily P, Lachlan P, Maggie, Lucas, Lucas B, Abigail, Henley and so many more friends. We had so much fun and we can't wait to play a variation of this again.

# SEPTEMBER DAILY DIARY

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## RAINBOW JARS WITH ELLA

This afternoon, the deck transformed into a potions lab where children were able to get in touch with their creative side through creating rainbow potions! By recycling old jam and salsa jars, children were able to use them to contain their beautifully brewed potions! Through the range of food colouring colours available as well as coloured glitter, the children had free reign to choose whichever colour and glitter combination they desired to create their potions. They all had loads of fun together during the whole process of selecting colours, stirring their ingredients together and showing off their final creation! The activity was enjoyed by all and was a lovely way to encourage the children to be outside and make the most of the sunny weather.

## COLLABORATIVE PAINTING FOR ART CLUB: WITH SOPHIE

This afternoon for Art Club the children did a collaborative artwork. This activity was a great way for children to express their creativity and refine their fine motor skills through use of the paint brush. Audrey, Emily, Olivia, Sophie and Stephanie worked together as a team to create a joint art work. This was a great social play experience which generated interesting discussion about experimenting with colours and how certain colours made new colours. Olivia in particular had a really enjoyable time experimenting with a new painting tool - a square sponge. She was fascinated by the types of brush strokes she could create and invited Emily to join in to explore different textures and colours of paint. The girls added glitter to their creation and had the freedom to express their imagination and create without having an 'end product' in mind. This experience can be linked to Gardner's theories. He saw the creative arts as playing major roles in development and learning. Through this painting experience in particular I was able to facilitate cognitive concepts in a way that was creative. The Children really enjoyed this activity as referenced through their smiling body language and happy expressions.

# SERVICE NEWS

<https://www.pennanthillsbasc.com>

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## OUR ECO TEAM

Here at BASC we are always working on ways to improve our service so that we provide the best care possible for children. As part of this we have put together an Eco Team to help our service to be more friendly to the environment.

It is very important to us that families have a say in how we make our service sustainable that is why we are inviting you to share your thoughts on how we can make a more sustainable future.

We have some items that we are working on however, we will be implementing a family suggestion box so that you can share your thoughts about changes you would like made, or ideas you might have for sustainability.

We are also planning on creating some child based roles such as Eco-warriors who will be part of this team and will be in charge of watering our garden at BASC. This will be a rotating role so that all children interested may engage in this role.

## INCREASING NUMBERS

Due to increasing demand Pennant Hills BASC are ecstatic to announce that we are increasing our numbers. From week 6 of Term 3 we will have 180 spots available in the afternoons and from the beginning of Term 4 we will have 200 spaces available in the afternoons.

This means that the wait list for BASC afternoons will be a lot shorter. To accommodate this we also have some new staff members at BASC

## FAMILY INVOLVEMENT

It is very important to us at PHBASC to have family involvement in our service. One of the ways we do this is through our Parent Committee which oversees our service. However, another way to become involved with our service is to donate recycled materials. We regularly collect boxes, bottles and other materials for use in craft and/ or science experiments and we plan on turning some plastic bottles into planters.

It is very important to us that you feel like you are part of our BASC Community so if you would like to donate anything to our service or share your thoughts please let a staff from our Senior Team know. You are an important part of our community.

# SERVICE NEWS

<https://www.pennanthillsbasc.com>

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## OUR GARDEN CLUB

At BASC we try to be as Eco-friendly as possible and to help with this we are starting up a Garden Club. Members of this club will get to help maintain our garden and help plant various items into our BASC Gardens. To help us maintain the garden an Eco-warrior will be selected from the children each day to help water the garden. They will be given access to a spray bottle to water plants on our plant stand and a watering can for our potted plants. Our Eco-warriors will rotate each day so that every member of the club will get to look after the garden.

To help decide what plants we need to start growing children helped write down what we needed to make our Cub Thrive. Below is a photo of the list they helped put together and a drawing of a plant that they requested.



## OFFICIAL BASC HANDBALL RULES

At BASC we love playing handball. We enjoy it so much that it gets played every day. Unfortunately, there have been some disagreements on what the rules are so to resolve this we made some official BASC Handball rules with the children. Below are our Official Rules as created by the children for the children.



### PHBASC HANDBALL RULES

No Cheating or Chetting  
No Swearing or Sweating  
No psychs are allowed however, ghosties and friendzies are  
No Violence  
Always tell the truth  
All players must have 1 foot in their square whilst playing  
No backages, frontzies or swapzies allowed  
Replays are only to be used when no other option available  
If rules are broken the breaker must run 2 laps of the COLA and join the back of the line



# MEET THE TEAM

<https://www.pennanthillsbasc.com>

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## SENIOR TEAM



Sophie  
Educational Leader



Erin  
Centre Director



Melody  
Vacation Care Co-ordinator



Laura  
Senior Educator



Lachie  
Senior Educator



Taylor  
WHS



Kean  
Admin Assistant



Jimmy  
Senior Educator



Armelle  
Research and Theory



Erika  
Senior Educator



Emily  
Senior Educator



Ella  
Senior Educator

# EDUCATORS

<https://www.pennanthillsbasc.com>

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Ty



Bec



Sareena



Lucy



Maddy



Lizzie



Kailey



Izzy



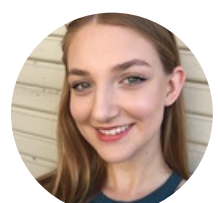
Jasmin



Abbey



Megan



Chloe



Ashton



Tommy



Alex



Astreia



Arrow



Rohan

# SEPTEMBER VACATION CARE

<https://www.pennanthillsbasc.com>

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## SEPTEMBER VACATION CARE

### WHAT TO BRING

- Please bring a packed morning tea, lunch and a drink bottle. Afternoon tea will be provided by our service
- Please ensure all food is nut free
- Please provide a spare change of clothes in case children need to change after engaging in messy or water play
- Please provide a hat and appropriate shoes (no thongs or heels)
- Please apply sunscreen to your child before bringing them into the service
- Please ensure that all clothing provided have sleeves.



If any member of your household becomes unwell or shows cold and Flu symptoms please stay home and seek medical advice.

### MONDAY 26TH SEPTEMBER TO FRIDAY 7TH OCTOBER

**OPEN: 7:15AM**  
**CLOSE: 6:15PM**

**DAILY FEE: \$72.80**



**LEVEL UP**

### PARENT RESPONSIBILITIES

- Dress your child/ren in sun smart clothing and appropriate footwear
- Label clothing and items belonging to child/ren. our staff are not responsible for missing items
- Use 'My Family Lounge' to mark child/ren absent if not attending
- Keep unwell children at home
- Fill out medication forms as necessary
- Drop / pick up child/ren during our service hours
- Notify our service of any infectious illnesses or diseases
- Cancellations/Changes must be made a week before the booking. Some incursions require specific numbers



## SEPTEMBER VACATION CARE

### Things to Remember

Open: 7.15 am Close: 6.15 pm  
Daily Fee: \$72.80

Incursion Start Time: 10am

Please bring a packed recess and lunch  
Mark your child absent if they aren't attending. Some incursions require specific numbers 1 week in advance  
Stay home if a member of your family shows cold/ flu symptoms



#### Monday 26th September My Pet Dino

The show includes an informative talk about dinosaurs with fossils to see and touch. Hands on time with the dinosaurs, as well as fun activities.

#### Tuesday 27th September Dreamtime Planetarium

Explore Indigenous Australian astronomy in this fascinating mobile planetarium show.  
The night sky.

#### Wednesday 28th September Flitastic Gymnastics

Get excited for a mobile Gymnastics program. Instructors will teach children how to use gymnastic equipment and learn some gymnastic skills.

#### Thursday 29th September Wood Work for Kids

This is an entry level workshop designed for both boys and girls aged 4 and over designed to give kids this age a taste of woodworking, while maintaining a high level of safety.

#### Friday 30th September Bollywood Dancing

Children will have a ball, dancing and moving to the delightful sounds of Bollywood music, as they learn new skills and gain an understanding of, and appreciate a new culture.

#### Monday 3rd October Public Holiday

**PLAY**

#### Tuesday 4th October Virtual Reality

Buckle up and get ready because you are about to embark on the biggest adventure of your life!

#### Wednesday 5th October Invertebrate Investigations

Discover why invertebrates are important and learn how to investigate the invertebrates in your own backyard.

#### Thursday 6th October Superhero Training Squad

Play superhero games, discover your superhero name, learn super-circus skills, complete the circuit of superhero thrills and spills, and become the world's newest superhero.

#### Friday 7th October Ninja and Samurai Encounter

Want to know about Ninja Warriors?  
Did Samurais ever exist?

# COMMUNITY LINKS

<https://www.pennanthillsbasc.com>

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## Emergency Number

000

Australia's primary emergency call service number for police, ambulance and fire department

## Police Stations

Eastwood: 9858 9299

Ryde: 9879 9699

## Police Assistance

131 444

## Crime Stoppers

1800 333 000

## Poisons Information

131 126

## State Emergency Services (SES)

132 500

SES is an emergency and rescue service dedicated to assisting the community in times of natural and man-made disasters

## Wires

1300 094 737

Wires Wildlife Rescue is the largest wildlife rescue & rehabilitation charity in Australia.

## Ausgrid

13 13 88

## NSW Rural Fire Service

1800 679 737

Fires near me

## Hospital Contact Details

Hornsby Hospital: 9477 9123

Royal north shore: 9926 7111

Westmead Children's Hospital: 9845 5555

## Rooftop Medical

Practice Thornleigh

Thornleigh Marketplace Rooftop 2 / 263  
Pennant Hills Road Thornleigh, NSW 2120  
8287 3400

## Pennant Hills Family

Medical Practice

20 Hillcrest Road Pennant Hills, NSW 2120  
9481 3200

## Health Engine

<https://healthengine.com.au/>

Book Doctor, GP, Dentist or Healthcare  
Specialist Appointments Online

## Unsure Medical

Emergency

1800 022 222

## Cherrybrook Medical

Centre

Cherrybrook Shopping Village Shop T05 /  
41-47 Shepherds Drive Cherrybrook, NSW  
2126

9484 5676

## West Pennant Hills

Medical Centre

Thompsons Corner Shopping Village 16-18  
Castle Hill Road West Pennant Hills, NSW  
21259481 7773

# COMMUNITY LINKS

<https://www.pennanthillsbasc.com>

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## Raising Children

<https://raisingchildren.net.au/>

Raising Children is a parenting website that offers up to date, research based material on more than 800 topics spanning child development, behaviour, health, nutrition and fitness, play and learning, connecting and communicating, school and education, entertainment and technology, sleep and safety.

## Cybersmart

[www.esafety.gov.au](http://www.esafety.gov.au)

Office of the Children's esafety Commissioner

provides online safety education for Australian children and young people, a complaints service for young Australians who experience serious cyberbullying, and addresses illegal online content through the Online Content Scheme

## Bullying. No way!

<https://bullyingnoway.gov.au/>

Bullying. No Way! Provides trustworthy and practical information about bullying for educators, families and young people.

## Healthy Kids

<https://healthy-kids.com.au/about/whatwe-do/>

Healthy Kids Association is a not-for-profit, nongovernment health promotion charity based in Sydney, Australia. Their mission is to promote and influence healthy food choices for children

## KYDS

<https://kyds.org.au/>

Help young people understand and manage difficult issues in their lives. KYDS provide easily accessed, personalised counselling and mental health support services, family counselling, and early intervention well being workshops and information events. They have a Hornsby office.

## Kids Helpline

800 55 1800

[counsellor@kidshelpline.com.au](mailto:counsellor@kidshelpline.com.au)

Kids helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for young people aged 5 to 25.

## Beyond Blue - Youth

<https://www.youthbeyondblue.com/>

Support for children experiencing stress, anxiety and depression

Beyond Blue

1300 22 4636

Beyond Blue provides information and support to help everyone in Australia achieve their best possible mental health, whatever their age and wherever they live.

## Life Line

13 11 14

Available 24/7

Provides all Australians access to crisis support and suicide prevention services

# COMMUNITY LINKS

<https://www.pennanthillsbasc.com>

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## Suicide Call Back Service

1300 659 467

[suicidecallbackservice.org.au](http://suicidecallbackservice.org.au)

Provides immediate telephone counselling and support in a crisis

## 1800RESPECT

1800 737 732

This 24-hour national sexual assault, family and domestic violence counselling line for any Australian who has experienced, or is at risk of, family and domestic violence and/or sexual assault.

## Relationships Australia

1300 364 277

Relationships Australia is a leading provider of relationship support services for individuals, families and communities

## Daisy App

The Daisy App connects people who may experience violence or abuse to support services in their local area. It was developed by 1800RESPECT and is free to use and download. It includes some safety features to help protect the privacy of people using it.

## Hornsby Kuring-gai

Women's Shelter

02 8411 2046

[www.hkws.com.au](http://www.hkws.com.au)

Provides temporary accommodation for women in times of crisis such as homelessness and /or domestic violence. See website for further details and also for fundraising events.

## KNSW Domestic Violence Line

1800 656 463

[www.domesticviolence.nsw.gov.au](http://www.domesticviolence.nsw.gov.au)

The NSW Domestic Violence Line provides counselling and referrals to women experiencing domestic and family violence.

## Mensline Australia

1300 789 978

<https://mensline.org.au>

MensLine Australia is the national telephone and online support, information and referral service for men with family and relationship concerns. The service is available from anywhere in Australia and is staffed by professional counsellors, experienced in men's issues.

## The Sanctuary - The Hills Womens Shelter

1800 801 501

The Sanctuary provides safe, temporary, supported shelter, for up to 3 months, for women and their children who are escaping homelessness and/or domestic violence.

## Services Australia

<https://www.servicesaustralia.gov.au>

Services Australia is an executive agency of the Australian Government, responsible for delivering a range of welfare, health, child support payments and other services to eligible Australian citizens and permanent residents.

They include the following

## Low Income Health Care Card Service Australia

A concession card to get cheaper health care and some discounts if you're on a low income.

# COMMUNITY LINKS

<https://www.pennanthillsbasc.com>

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## myGov

MyGov is a secure way to access government services online in one place. This includes

- Centrelink
- Medicare
- Child support
- Australian Tax office

## Child Care Subsidy

Service Australia

Assistance to help you with the cost of child care.

## Manage your money

Service Australia

Tips and information to help you manage your finances, budgets, savings, debts and loans.

## Disability Support Pension

Service Australia

Financial help if you have a permanent physical, intellectual or psychiatric condition that stops you from working.

## NSW Health

<https://www.health.nsw.gov.au>

Latest update, information and advice on Covid-19 in NSW

## Service NSW

<https://www.service.nsw.gov.au/>

Service NSW makes it easier for NSW residents and businesses to access government services. Including

- Driving and transport
- health and care
- Education
- Concessions, rebates and assistance
- housing and property
- Legal and Police services

## SydWest Multicultural Services

Rouse Hill, Penrith, Blacktown & Mt Druitt  
9621 6633

[www.sydwestms.org.au](http://www.sydwestms.org.au)

[info@sydwestms.org.au](mailto:info@sydwestms.org.au)

Provides quality services and programs to people of all ages and backgrounds across Greater Western Sydney.

## Community Migrant Resource Centre (CMRC)

Level 4, 1 Horwood Place  
Parramatta, NSW 2150

Ph: (02) 9687 9901

CMRC is a not-for-profit, charitable organisation that focuses on providing specialised support services to newly arrived migrants, refugees and humanitarian entrants.

## Adult Migrant English Program (AMEP)

Tafe NSW

[amep@tafensw.edu.au](mailto:amep@tafensw.edu.au)

800 114 707

The Adult Migrant English Program (AMEP) is a free service to help eligible migrants and humanitarian entrants to improve their English language skills and settle into Australia. The Adult Migrant English Program is funded by the Australian Government Department of Home Affairs.

# COMMUNITY LINKS

<https://www.pennanthillsbasc.com>

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Job Seeking Skills -  
Jobseekers course  
<https://www.hkcc.nsw.edu.au>  
9482 1189

This course is for everyone seeking employment in their chosen profession. Students will learn to:

- Identify job opportunities
- Write a resume
- Prepare for and confidently attend job interviews.

ESL Class HKCC  
[www.hkcc.nsw.edu.au](http://www.hkcc.nsw.edu.au)

Email: [frontdesk@hkcc.nsw.edu.au](mailto:frontdesk@hkcc.nsw.edu.au)  
HKCC offers a range of English as a second language classes, including: Conversation, Pronunciation, Foundation Skills, Job Seeking Skills and Australian History and Culture.

Social Conversation  
Group for Migrants -  
Hornsby  
Email: [info@knc.org.au](mailto:info@knc.org.au)  
9988 4966

Joining our weekly Social Conversation Group is a great way to learn more about Australian culture and local services in the area, meet new friends, while improving your English skills along the way. The conversation group is run by local volunteer tutors. Bookings are essential.

SNAICC  
(Secretariat of National Aboriginal  
and Islander Child Care)  
9419 1921  
[info@snaicc.org.au](mailto:info@snaicc.org.au)

Website: <https://www.snaicc.org.au>  
SNAICC is the the national non government peak body in Australia representing the interests of Aboriginal and Torres Strait Islander children and families.

Aboriginal Legal  
Services (NSW & ACT)  
Level 8 , 33 Argyle St,  
Parramatta NSW 2150  
(02) 8836 3400

ALS provides legal services to Aboriginal people.