

BASC TERMLY – TERM 1

DAILY DIARY ENTREES

- International Women's Day
- Craft Corner
- Crazy Kindy
- More entries

INTERNATIONAL WOMEN'S DAY 8.3.2022

Today is a special day at BASC and around the world as its international Women's Day and to celebrate we had some colouring pages available that had empowering messages on them such as "we are all equal". We also had some activity cards that children could use as inspiration on how to celebrate today which was used. We used these activity cards to engage in conversations about Women who inspire us and that we would like to emulate. At BASC we stand together to [#Break the Bias](#)



- Melody

CRAFT CORNER 3.2.2022

This afternoon we enjoyed painting with a variety of vibrant colours on the deck. We were painting flowers, plants, the sun as well as other things we could see around us. Some of us even enjoyed painting pictures to give to one of our carers. We enjoyed mixing paint to create teal and brown and we even dipped our brushes in multiple colours to create a water-marble effect that we could paint with. In doing this activity we further developed our fine motor skills, creativity, sharing skills and so much more.

Goodbye Chloe

We also had some sad news this afternoon as one of the educators at our service had her last day. She is moving onto a new adventure and we're sad to see her go but we wish her the very best for her new journey. As it was her last day we banded together to create a farewell card to give to her. We glued on some hearts, balloons and tulip shapes as well as writing messages and drawing

pictures to give to her. She was so excited to receive her surprise and we wish her the best for her future. - Melody

KRAZY KINDY 9.2.2022

This morning we had around 8 friends from kindergarten. They were all super excited about being at BASC and going to big school. In our excitement we engaged in Hama Beads and enjoyed making semi-circles what 'were rainbow' as well as some other shapes. We also enjoyed using some 'my little pony' ponies and the doll house to engage in some imaginative play. The ponies enjoyed exploring their 'new house' and getting their hair 'done'. We also enjoyed making some cupcakes in the mud kitchen exploring their steps we are familiar with in baking but substituting mud for cake butter and adding water for milk and eggs. We stirred the mixture with a spatula before carefully filling up the cupcake tray. After this we decided to go to the deck and play sleeping lions we were joined by some of the older children and we really enjoyed trouncing them at sleeping lions. After which we played the floor is lava and explored various colours and materials as 'safe space' for our game. We also played the freeze game but then one of our friends requested frozen so we played musical statues to music from Frozen the Musical and we also enjoyed singing along. We really enjoyed displaying our dance movies and testing our reflexes as we played these games together.

After we played together we went inside and got our names marked off so we could head to school. We grabbed our bags and formed a 'train snake' as a train 'is too boring' but 'we're not really a snake'. With hands on the shoulders of the friend in front of us we headed to our classrooms making 'train snake' noises and displaying our exciting 'train snake'. We helped each other place our bags and other items in the appropriate places before going to play in the playground under the supervision of our teachers. - Melody

HARMONY DAY

On Harmony Day we enjoyed celebrating the unique differences and similarities we have with each other. We did this by making a Handprint tree to show that we all stand together. We used orange handprints for #Harmony Day and the staff used blue and yellow handprints for #StandwithUkraine. We also made some scones, explored Origami, played cricket and lots of other activities from different cultures.

DECK 1.4.2022

This afternoon on the deck an educator had set up some Lego for a construction station. We had around 8-12 children on the deck constructing with Lego. Children had lots of fun creating houses, zoos, schools, planes, boats and so much more. Some children searched the Lego to find pieces that were all the same shade and colour so that their creations were uniform. Whilst creating children engaged in some music from an empowerment playlist so that they would hear positive messages in the music they engage with at BASC. Children didn't enjoy all of the songs however 'Roar' by Katy Perry and Kelly Clarkson's 'Stronger' were very popular. The other songs were deemed 'girly' and 'boring' and weren't found to be as engaging.

After the area had calmed down some of the younger children decided that the soft mats were perfect for jumping and arranged them as a jumping castle. For about 20-25 minutes they enjoyed jumping onto the mats

and showing off their ability to do a forward roll. They made a queue that they all followed so that they could take turns using their 'Jumping castle'. . – Melody



SERVICE NEWS

KIDS COMMITTEE

Kids committee

We will not be starting the Kid's Committee up during Term 1 but will be waiting until term 2 due to some large changes that have been occurring at Pennant Hills Before and After School Care. However, it is still extremely important to us that Children's voices are heard and added into our curriculum so we will be starting the Kid's Committee in Term 2 when things have settled. We will also be adding a whiteboard for children to add activities that they would like included in BASC to ensure that we get their input into our program.

VACATION CARE

We are pleased to announce that Vacation Care will be running from the 11/4/2022-22/4/2022 at our premises. we will be engaging in a variety of activities as well as some incursions which include Professor Bubbles Science Show and so much more. For the full list of experiences planned for Vacation Care please see our website. **We would like to remind parents that if a member of your household is unwell or shows any Cold/ Flu symptoms to please stay home and to seek medical advice.** The health of all children and adults who enter our service is extremely important to us. Our Vacation Care hours are from 8.30am to 5.30pm however they are subject to change.

DAYS TO REMEMBER

At BASC we try to be as inclusive as possible which means celebrating together events such as Christmas, Easter Diwali and more. We also try to include days that we feel are important for the children to learn about such as International Women's Day, Harmony Day and so much more. As a service we would like to know if there are any days/ celebrations that you think need to be added into our program or aren't getting enough attention. Please let us know so that all members of our BASC Community feel welcome.

RISKY PLAY

Risky play is a valued part of Children's learning here at BASC and we include it in our program through our Loose Parts area. However, with new changes occurring at BASC we would like to take the opportunity to change how we do Risky Play. This may mean change how we do Loose parts or alternating Loose parts with

other activities. Therefore, we would love to hear your thoughts on Risky Play and what you would like to see at BASC

SUSTAINABILITY

Sustainability is very important to us at BASC and we are working to incorporate it more into the service. One of the ways we are doing this is by collecting recyclables to be used at Vacation Care and in our program for Before and After School Care. If you have any recyclables, please feel free to sanitize them and bring them in. We hope to collect as many recyclables as possible as they can be used in a variety of ways from craft experiences to sand pit toys and even for storing stationary.

If you have any ideas about how we can be more sustainable please let us know

NEW FACES

We have had some new faces join our PHBASC team and we would love to introduce some of them to you. Joining us at BASC we have Sareena, Izzy, Bec, Kailey, Jasmin, Rohan, Amelie and Caleb. They all joined our team this year and it is very exciting to welcome them to our BASC family.

FAREWELL KATHLEEN AND MARYANNE

Whilst we are excited that we have some new members of our BASC family we are also saddened to announce that we have lost some members. Both Maryanne and Kathleen have left our service to explore some exciting new opportunities and though we are sad to lose them we hope that they enjoy their new adventures. Maryanne's last day at our service was the 17th of February and Kathleen's final day was the 25th of February. We would like to take this opportunity to swish them Farewell.

COMMUNITY LINKS

Our contact details
info@pennanthillsbasc.org.au
Phone: 9481 8696
Our opening hours

Before School Care- 7am-8:45am
After School Care- 3:15pm-6:15pm
Vacation Care 8.30am-6:00pm
Staff Development Day (SDD): 8.30am-6:00pm

Emergency Number

000

Australia's primary emergency call service number for police, ambulance and fire department

Police Stations

Eastwood: 9858 9299

Ryde: 9879 9699

Police Assistance

131 444

Crime Stoppers

1800 333 000

Poisons Information

131 126

State Emergency Services (SES)

132 500

SES is an emergency and rescue service dedicated to assisting the community in times of natural and man-made disasters

Wires

1300 094 737

Wires Wildlife Rescue is the largest wildlife rescue & rehabilitation charity in Australia.

Ausgrid

13 13 88

NSW Rural Fire Service

1800 679 737

Fires near me

Hornsby Hospital: 9477 9123

Royal north shore: 9926 7111

Westmead Children's Hospital: 9845 5555

Rooftop Medical

Practice Thornleigh

Thornleigh Marketplace Rooftop 2 / 263

Pennant Hills Road Thornleigh, NSW 2120

8287 3400

Pennant Hills Family

Medical Practice

20 Hillcrest Road Pennant Hills, NSW 2120

9481 3200

Health Engine

<https://healthengine.com.au/>

Book Doctor, GP, Dentist or Healthcare Specialist

Appointments Online

Unsure Medical

Emergency

1800 022 222

Cherrybrook Medical

Centre

Cherrybrook Shopping Village Shop T05 /

41-47 Shepherds Drive Cherrybrook, NSW

2126

9484 5676

West Pennant Hills

Medical Centre

Thompsons Corner Shopping Village 16-18

Castle Hill Road West Pennant Hills, NSW

2125

9481 7773

Rooftop Medical

Practice Thornleigh

Thornleigh Marketplace Rooftop 2 / 263
Pennant Hills Road Thornleigh, NSW 2120

8287 3400

Raising Children

<https://raisingchildren.net.au/>

Raising Children is a parenting website that offers up to date, research based material on more than 800 topics spanning child development, behaviour, health, nutrition and fitness, play and learning, connecting and communicating, school and education, entertainment and technology, sleep and safety.

Cybersmart

www.esafety.gov.au

Office of the Children's esafety Commissioner provides online safety education for Australian children and young people, a complaints service for young Australians who experience serious cyberbullying, and addresses illegal online content through the Online Content Scheme

Bullying. No way!

<https://bullyingnoway.gov.au/>

Bullying. No Way! Provides trustworthy and practical information about bullying for educators, families and young people.

Healthy Kids

<https://healthy-kids.com.au/about/whatwe-do/>

Healthy Kids Association is a not-for-profit, nongovernment health promotion charity based in Sydney, Australia. Their mission is to promote and influence healthy food choices for children

KYDS

<https://kyds.org.au/>

Help young people understand and manage difficult issues in their lives. KYDS provide easily accessed, personalised counselling and mental health support services, family counselling, and early intervention well being workshops and information events. They have a Hornsby office.

Kids Helpline

800 55 1800

counsellor@kidshelpline.com.au

Kids helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for young people aged 5 to 25.

Beyond Blue - Youth

<https://www.youthbeyondblue.com/>

Support for children experiencing stress, anxiety and depression

Beyond Blue

1300 22 4636

Beyond Blue provides information and support to help everyone in Australia achieve their best

possible mental health, whatever their age and wherever they live.

Life Line

13 11 14

Available 24/7

Provides all Australians access to crisis support and suicide prevention services.

Suicide Call Back Service

1300 659 467

suicidecallbackservice.org.au

Provides immediate telephone counselling and support in a crisis

1800RESPECT

1800 737 732

This 24-hour national sexual assault, family and domestic violence counselling line for any Australian who has experienced, or is at risk of, family and domestic violence and/or sexual assault.

Relationships Australia

1300 364 277

Relationships Australia is a leading provider of relationship support services for individuals, families and communities

Daisy App

The Daisy App connects people who may experience violence or abuse to support services in their local area. It was developed by 1800RESPECT and is free to use and download. It includes some safety features to help protect the privacy of people using it.

**Hornsby Kuring-gai
Women's Shelter**

02 8411 2046

www.hkws.com.au

Provides temporary accommodation for women in times of crisis such as homelessness and /or domestic violence. See website for further details and also for fundraising events.

**NSW Domestic Violence
Line**

1800 656 463

www.domesticviolence.nsw.gov.au

The NSW Domestic Violence Line provides counselling and referrals to women experiencing domestic and family violence.

Mensline Australia

1300 789 978

<https://mensline.org.au>

MensLine Australia is the national telephone and online support, information and referral service for men with family and relationship concerns. The service is available from anywhere in Australia and is staffed by professional counsellors, experienced in men's issues.

**The Sanctuary - The
Hills Womens Shelter**

1800 801 501

The Sanctuary provides safe, temporary, supported shelter, for up to 3 months, for women and their children who are escaping homelessness and/or domestic violence.

Services Australia

<https://www.servicesaustralia.gov.au>

Services Australia is an executive agency of the Australian Government, responsible for delivering a range of welfare, health, child support payments and other services to eligible Australian citizens and permanent residents.

They include the following

Low Income Health Care Card

Service Australia

A concession card to get cheaper health care and

some discounts if you're on a low income.

myGov

MyGov is a secure way to access government services online in one place. This includes

- Centrelink
- Medicare
- Child support
- Australian Tax office

Child Care Subsidy

Service Australia

Assistance to help you with the cost of child care.

Manage your money

Service Australia

Tips and information to help you manage your finances, budgets, savings, debts and loans.

Disability Support Pension

Service Australia

Financial help if you have a permanent physical, intellectual or psychiatric condition that stops you from working.

NSW Health

<https://www.health.nsw.gov.au>

Latest update, information and advice on Covid-19 in NSW

Service NSW

<https://www.service.nsw.gov.au/>

Service NSW makes it easier for NSW residents and businesses to access government services. Including

- Driving and transport
- health and care
- Education
- Concessions, rebates and assistance
- housing and property
- Legal and Police services

**SydWest Multicultural
Services**

*Rouse Hill, Penrith, Blacktown & Mt Druitt
9621 6633*

www.sydwestms.org.au

info@sydwestms.org.au

Provides quality services and programs to people of all ages and backgrounds across Greater Western Sydney.

Community Migrant Resource Centre (CMRC)

*Level 4, 1 Horwood Place
Parramatta, NSW 2150
Ph: (02) 9687 9901*

CMRC is a not-for-profit, charitable organisation that focuses on providing specialised support services to newly arrived migrants, refugees and humanitarian entrants.

Adult Migrant English Program (AMEP)

*Tafe NSW
amep@tafensw.edu.au
800 114 707*

The Adult Migrant English Program (AMEP) is a free service to help eligible migrants and humanitarian entrants to improve their English language skills and settle into Australia. The Adult Migrant English Program is funded by the Australian Government Department of Home Affairs.

Job Seeking Skills - Jobseekers course

*<https://www.hkcc.nsw.edu.au>
9482 1189*

This course is for everyone seeking employment in their chosen profession. Students will learn to: - Identify job opportunities - Write a resume - Prepare for and confidently attend job interviews.

ESL Class HKCC

*www.hkcc.nsw.edu.au
Email: frontdesk@hkcc.nsw.edu.au*

HKCC offers a range of English as a second language classes, including: Conversation, Pronunciation, Foundation Skills, Job Seeking Skills and Australian History and Culture.

Social Conversation Group for Migrants - Hornsby

*Email: info@knc.org.au
9988 4966*

Joining our weekly Social Conversation Group is a great way to learn more about Australian culture and local services in the area, meet new friends, while improving your English skills along the way. The conversation group is run by local volunteer tutors. Bookings are essential.

SNAICC (Secretariat of National Aboriginal and Islander Child Care)

*9419 1921
info@snaicc.org.au*

Website: <https://www.snaicc.org.au>

SNAICC is the the national non government peak body in Australia representing the interests of Aboriginal and Torres Strait Islander children and families.

Aboriginal Legal Services (NSW & ACT)

*Level 8 , 33 Argyle St,
Parramatta NSW 2150
(02) 8836 3400*

ALS provides legal services to Aboriginal people.